



THRIVE

2023 2024 Reflections

What specific goals did you set for yourself in 2024, and which ones did you achieve?
What held you back from reaching the others?

Looking back, what fears or self-doubts prevented you from taking risks or seizing opportunities? How can you address these in the coming year?

Who were the key people in your life this year, and how did they influence your mindset and motivation? Were there any relationships that held you back? Any that moved you forward?

If you could give one piece of advice to your 2024 self based on what you've learned this year, what would it be? How can this insight shape your approach in 2025?



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2025 Word of the Year

If you could describe your ideal year in 3-5 words, what would they be?

What are 3-5 personal values or principles that you want to prioritize in 2025?

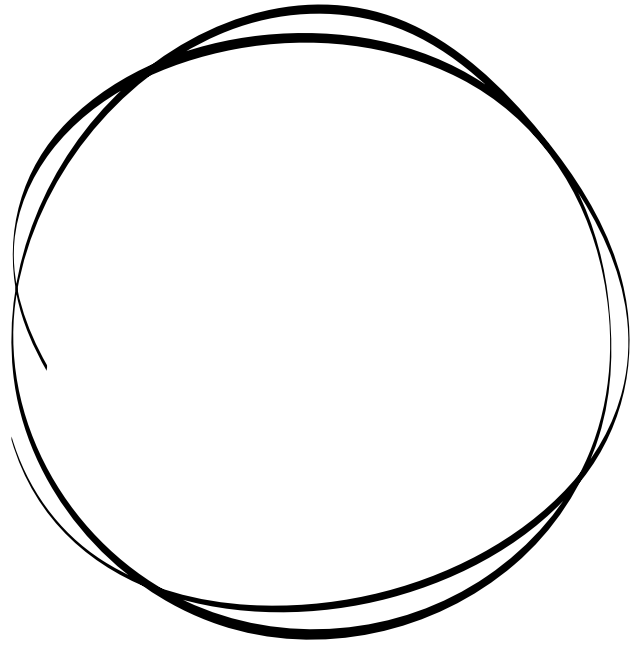
Consider the changes you want to make in your life; what words represent the transformation you seek?

What inspires you or brings you joy? Can you capture that inspiration in a single word? Jot down several if you need to.

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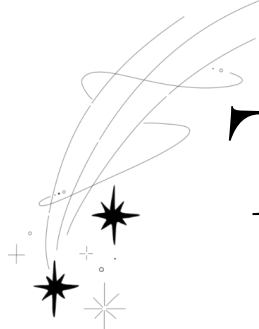
2025 The Year of...

Words That
Inspire Me



Scripture That
Moves Me

Songs That
Speak To Me



THRIVE

2025 Action plan

VISION/GOAL

START DATE:

DUE DATE:



WHY IS THIS IMPORTANT TO YOU?

I NEED TO GROW HERE...

ACTION STEPS

POSSIBLE OBSTACLES

Resources
to help me

